



Lunge Lessons: a great way to improve your position, seat, and overall riding!

For Better Balance, Control & Safety:

- Balance keeps you on the horse, not gripping.
- Balance left and right, and forward and back.
- When you are balanced, the horse doesn't trip!
- If the horse spooks, you are much more likely to stay on!



For Better Scores:

A great way to work on your straightness and sensitivity.

For thoroughness, both you and your horse need to be straight.



- When we are training, we make your horse straight.
- To *keep* your horse straight, you must be straight yourself.